# WP7 - Diabetes
# a case study on strengthening health care for people with chronic diseases

**1st General Assembly meeting**

**2nd Stakeholders' forum**

Brussels, 19th February 2015

CHRODIS
ADDRESSING CHRONIC DISEASES & HEALTHY AGEING ACROSS THE LIFE CYCLE

**Marina Maggini**
National Institute of Health, Italy

**Jelka Zaletel**
National Institute of Public Health, Slovenia

# OBJECTIVES OF WP7

**The principal objective is to improve coordination and cooperation among Member States to act on diabetes, including the exchange of good practices across the EU.**

- ✓ To focus on aspects of primary prevention, identification of people at high risk, early diagnosis, prevention of complications and comprehensive multifactorial care, with attention to equity, and how social determinants may affect people's access to care
- ✓ To explore the significance of health literacy and patient empowerment
- ✓ To support the development and implementation of Member States' National diabetes plans



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# WP7 - Tasks



1. **Prevention of diabetes: focus on people at high risk**
   **Task Leader: Jaana Lindström, Finland**

2. **Secondary prevention of type 2 diabetes**
   **Task Leader: Ulrike Rothe, Germany**

3. **Non-pharmacologic interventions - Health promotion interventions**
   **Task Leader: Monica Sørensen, Norway**

4. **Education strategies and approaches**
   **Task Leader: Andrea Icks, Germany**

5. **National diabetes plans**
   **Task Leader: Jelka Zaletel, Slovenia**



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# DELIVERABLES

**Recommendations** to improve early detection and preventive interventions, to strengthen health literacy, patient empowerment and training for health professionals especially, and to develop National Diabetes Plans. Definition and agreement on a common minimum set of indicators.

cross-national recommendations based on existing knowledge and existing successful strategies

# MILESTONES

- Expert overview on successful strategies to improve prevention of diabetes, and the quality of care for people with diabetes - M18
- Workshop to analyse collected data on processes in NDP development, implementation, sustainability and spread - M22
- Finalized recommendations - M30
- Expert/policymaker meeting - M20, M32

# FIRST YEAR ACHIEVEMENTS

**Literature review**: effective strategies on prevention, management, health promotion, education of persons with diabetes, training for professionals;
characteristics of National Diabetes Plans.

**Definition of core elements** of the questionnaires (quality criteria)

**Definition of questionnaires** for the collection of data:
one on program and practices for prevention and management of diabetes
one for National Diabetes Plans

**Responses** for Questionnaire on NDP from 21 countries completed, draft report on contents of NDPs in preparation

- 1st WP7 general meeting - Rome, 9th July 2014
- Joint WP6-WP7 meeting – Vilnius, 6th-7th 2014



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# NEXT STEPS

Completing data collection - Evaluation of data

SWOT analysis (one per Country)

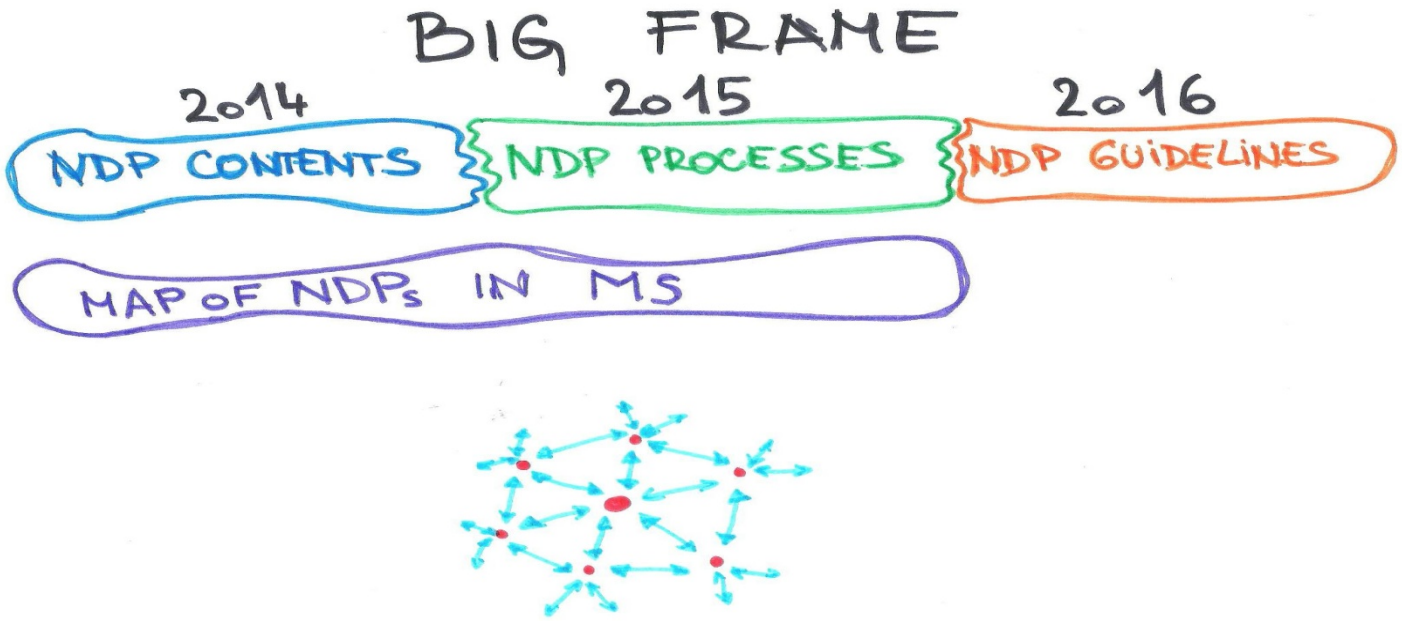
Description of practices via semi-structured questionnaire by relevant responders

- Quantitative - based on pre-defined criteria
- Qualitative - why should this practice be considered a good/best practice? how does this practice help in driving the change? Reasons for success (positive lessons learned) and failure (negative lessons learned). If necessary, direct interview.

WP7 meetings with experts - June/July 2015 and October/November 2015 (dates TBD)

Workshop on NDP – (date TBD)

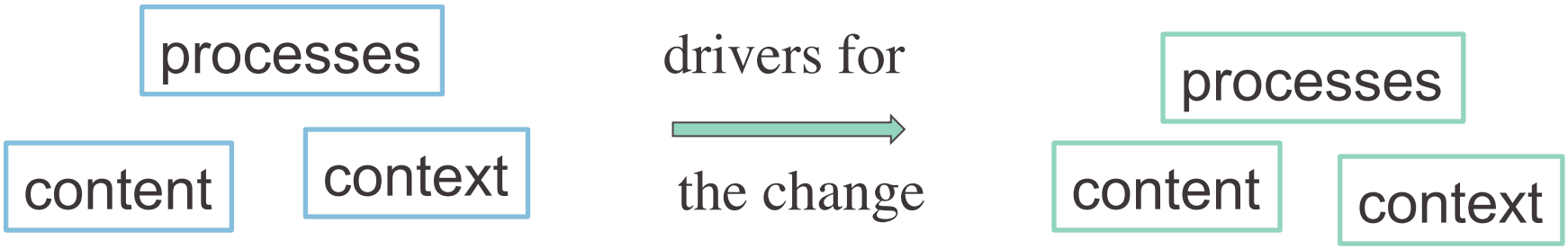
# NEXT STEPS


BIG FRAME
2014
2015
2016
NDP CONTENTS
NDP PROCESSES
NDP GUIDELINES
MAP OF NDPs IN MS

# NEXT STEPS

WP7

- Report on Contents of NDP
- Define the method for analysing processes (context, drivers) related to NDP preparation, implementation, sustainability and spread of NDP




- Drafting of Guide for NDP (diabetes as a case study) from inputs from Questionnaires, WP7 partners, additional info collection, workshop and DELPHI



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# STAKEHOLDER INVOLVEMENT

Support JA work with constructive criticism

Participate to the collection of information

Knowledge brokering to support JA achievements

Influence policy and make decision in their own sphere

Bridge the gap

# Joint Action on Chronic Diseases and Promoting Healthy Ageing across the Life Cycle (JA-Chrodis)*

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* This presentation arises from the Joint Action addressing chronic diseases and healthy ageing across the life cycle (JA-CHRODIS), which has received funding from the European Union, under the framework of the Health Programme (2008-2013).



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